

# St. Bernadette Church - Lent and Easter 2018

February 14 .....	<b>Ash Wednesday Masses, 8:15 am and 6:00 pm</b>
February 16 - March 23 .....	<b>Fridays, Stations of the Cross, 6:00 pm</b>
February 16 - March 23 .....	<b>Fridays, Knights of Columbus Fish Fry, 5:00 - 7:00 pm</b>
February 21 - March 21 .....	<b>Wednesday Evening Masses, 6:00 pm</b> (no mass March 14)
March 7 .....	Human Concerns Board, Soup & Speaker, 6:00 pm
March 14 .....	Faith Formation Gathering, 6:00 pm
TBA at Our Lady of Lourdes .....	<b>Reconciliation Service 7:00 pm</b>
March 28, Wednesday .....	Triduum Rehearsals, 6:00 pm
March 29, <b>Holy Thursday</b> .....	Mass of the Lord's Supper, 7:00 pm
March 30, <b>Good Friday</b> .....	Stations of the Cross, 3:00 pm
March 30, <b>Good Friday</b> .....	Celebration of the Lord's Passion, 7:00 pm at Our Lady of Lourdes
March 31, <b>Holy Saturday</b> .....	<b>NO 3:00 pm Confessions</b>
March 31, <b>Easter Vigil</b> .....	8:00 pm
April 1, <b>Easter Sunday</b> .....	9:30 am

## Lenten Regulations

- ◆ **Ash Wednesday** (February 14) and **Good Friday** (March 30) are days of abstinence from meat and also days of fast, that is, only one full meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to one's needs but they together should not equal another full meal.
- ◆ **The other Fridays** of Lent are days of abstinence from meat.
- ◆ **The obligation to abstain** from meat commences at fourteen (14) years of age.
- ◆ **The obligation to fast** commences at eighteen (18) years of age and ends at fifty-nine (59) years of age.
- ◆ **Although the faithful enjoy freedom** in conscience to excuse themselves for a just cause from these mitigated laws of fast and abstinence, the obligation to do penance is a serious one and no Catholic should lightly excuse himself/herself from this obligation in the Lenten season.

*Prepare to Celebrate the Joy of Easter With Us*